



Announcing Free Flu Vaccine for TLC Local Employees



FLU VACCINE

Should I get the flu vaccine?

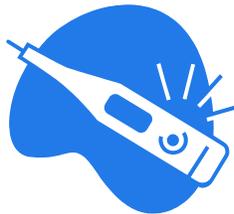
- Yes, but if you have special concerns, please contact your doctor

Where do I go to get the flu vaccine?

- Your doctor or participating pharmacy if you are in one of the TLC Key Advantage health plans
- Your doctor or medical center if you are in the Kaiser HMO

Flu Symptoms

- Fever
- Chills
- Cough
- Sore Throat
- Body Aches
- Head Ache
- Fatigue



What pharmacies are participating?

- See the list of participating pharmacies online at www.thelocalchoice.virginia.gov
- Check the list often for most current list

Will H1N1 shots be available?

- Vaccine is not available yet
- H1N1 will be a separate shot
- Stay tuned for developments

Resources

www.cdc.gov
www.nih.gov
www.vdh.virginia.gov



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www.thelocalchoice.virginia.gov

