

# **THE LOCAL CHOICE E-NEWS**

## **Department of Human Resource Management State and Local Health Benefits Programs**

**September 2007**

### ***The Local Choice (TLC) to Offer Free Flu Shots Again This Year***

Flu season will be upon us soon, and The Local Choice (TLC) health plan members will again have access to free flu shots at participating retail and independent pharmacies. Details will be sent to you and will also be posted on the TLC web site in the near future.

Your covered employees, their spouses and dependents enrolled in a Key Advantage or TLC HDHP plan will once again be able to receive free flu shots at participating pharmacies between October 15 and February 15. The member's ID card must be presented and the pharmacy must submit the claim through the prescription drug program.

Kaiser plan members have access to free flu shots at participating medical centers. Key Advantage and the TLC HDHP plan cover flu shots as part of the wellness benefit. However, copayments or coinsurance may apply.

### ***Anthem and ValueOptions Web Sites Redesigned***

Finding information about state medical benefits and the Employee Assistance Program just became easier! Anthem and ValueOptions have redesigned their Commonwealth-specific Web sites to make access to information easier through a more user-friendly design and improved navigation. On the Anthem site at [www.anthem.com/tlc](http://www.anthem.com/tlc), check out the tabs at the top on *Member Services* and *Special Programs*, including information on the *24 Hour NurseLine* and *AudioHealth Library*, the *Future Moms* (previously *Baby Benefits*) program and *Lunch Well*. Members may also e-mail Member Services directly by clicking on the *Member Services* tab, and then *Contact Us*. The ValueOptions Web site at [www.achievesolutions.net/tlc](http://www.achievesolutions.net/tlc) offers several new sections to assist in finding services; managing such personal issues as divorce, coping with a chronic illness or the death of a loved one; and assessing concerns by taking a quiz on topics like assertiveness and anger management.