

THE LOCAL CHOICE E-NEWS

Department of Human Resource Management State and Local Health Benefits Programs

July 2006

TLC Statewide Health Plans Now Cover Cervical Cancer Vaccine

The Food and Drug Administration last month approved a cervical cancer vaccine for women. As a result, TLC and TLC HDHP will cover the Gardasil™ vaccine under the routine wellness benefit for women ages nine to 26, based on physician approval and availability. Kaiser Permanente has not yet finalized its policy. Under the TLC plans, coverage is offered on the same basis as other wellness immunizations. For additional information, members may contact their physician or call Anthem Member Services at 1-800-552-2682.

ValueOptions Offers Members Behavioral Support to Manage Heart Disease

Emotional, psychological and behavioral intervention and support is essential in helping to prevent or manage heart disease. ValueOptions is offering a program that can help members identify and manage behavioral health issues that may impact heart health, such as depression, anxiety and chronic stress. Support is also provided to those who are living with heart disease as well as assistance in promoting and sustaining a healthy lifestyle. For more information, guidance and tools, visit the corporate ValueOptions Web site at www.valueoptions.com/spotlight_heart/html/pages/index.htm.