

# THE LOCAL CHOICE E-NEWS

## Department of Human Resource Management State and Local Health Benefits Programs

*July 2007*

### *The Local Choice Plan Members Offered Another Quit Smoking Option*

Smokers who have been unable to kick the tobacco habit can now find help at the drug store. Beginning July 15, 2007 (October 1 for certain school groups), the TLC statewide health plans will cover smoking cessation prescription drugs under the outpatient prescription drug benefit. Drugs for smoking cessation such as *Chantix*, *Zyban* or *Nicotrol* may be purchased at either an outpatient retail pharmacy or through mail order. **Please post the attached flyer in visible locations on or after July 16.**

TLC Key Advantage plan members will pay a copayment based on the applicable drug tier and TLC HDHP members will pay 20 percent coinsurance after the deductible is met. The TLC statewide health plans **will not cover** office visits related to smoking cessation, stop smoking aids such as nicotine gum and nicotine patches, over-the-counter therapies, or services provided at stop smoking clinics. The Kaiser Permanente HMO plan already covers certain smoking cessation drugs and some over-the-counter therapies.

Employees may contact the appropriate plan pharmacy benefit manager directly for a list of covered smoking cessation drugs and other plan information.

#### **TLC Key Advantage plans:**

- [www.medco.com](http://www.medco.com)
- 1-800-355-8279

#### **TLC HDHP:**

- [www.anthem.com/tlc](http://www.anthem.com/tlc)
- 1-800-552-2682

#### **Kaiser Permanente:**

- <http://my.kaiserpermanente.org/mida/commonwealthofvirginia/>
- 1-800-777-7902 or (301) 468-6000 in Washington, D.C.

Additional resources to quit smoking also are available from CommonHealth's "Breaking Free from Tobacco" smoking cessation program at [www.tlccommonhealth.com](http://www.tlccommonhealth.com) or 1-800-394-6380.