



THE LOCAL CHOICE E-NEWS

Department of Human Resource Management
Office of Health Benefits

April 11, 2024

New Catapult Health Virtual Checkup® Home Kit – for Eligible Members

The Department of Human Resource Management, Office of Health Benefits (OHB) manages the Local Choice (TLC) Health Benefits program, with a goal of ensuring that our members are utilizing the preventive benefits that are available to them. The health plan administrator for Key Advantage and TLC HDHP are working to identify members who have not received their annual preventive exam so they can be offered access to a virtual checkup.

Catapult Health is a participating network provider with the TLC Health Benefits program. They offer a Virtual Checkup® Home Kit to bring members a convenient, simple, and comprehensive health checkup that can be done right at home. **This virtual checkup is entirely FREE as part of the member's health plan benefits.**

In the coming days, the identified members will be receiving an email from Catapult Health with information on how to enroll in the Virtual Checkup® Home Kit. The email will be sent from Virtual Checkup: support@virtualcheckup.com.

Please do not reply to this e-mail. You may send inquiries to The Local Choice mailbox at tlc@dhrm.virginia.gov