



Effective July 1, 2023 or October 1, 2023

The Local Choice 2023 Comparison of Statewide Plans

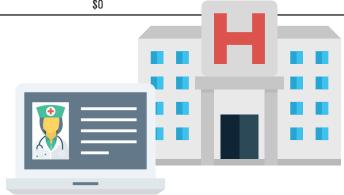
| | Key Advantage Expande | ed Key Advantage 250 |
|---|--|---|
| Plan Year Deductible (Key Advantage: Applies to Certain Medical Services as Indicated on Chart) (HDHP: Applies to Medical, Behavioral Health, and Prescription Drug Services) | In-Network: One Person Two People Fam: \$100 See Family \$200 Out-of-Network: \$200 See Family \$400 | 0 \$250 See Family \$500 Out-of-Network: |
| Plan Year Out-of-pocket Expense Limit | In-Network: One Person Two People Family \$2,000 See Family \$4,0 Out-of-Network: \$3,000 See Family \$6,0 | 00 \$3,000 <i>See Family</i> \$6,000 Out-of-Network : |
| Out-of-Network Benefits | Yes. Once you meet the out-of-network dedi you pay 30% coinsurance for medical and health services. Copayments do not apply and behavioral health services. Copayment coinsurance for routine vision, outpatient pr drugs and dental services will still apply. | behavioral you pay 30% coinsurance for medical and behavioral to medical health services. Copayments do not apply to medical and behavioral health services. Copayments and |
| Medical Care When Traveling (BlueCard) | Included | Included |
| Lifetime Maximum | Unlimited | Unlimited |
| Covered Services | In-Network You Pay | In-Network You Pay |
| Ambulance Travel | 20% coinsurance after deductible | 20% coinsurance after deductible |
| Autism Spectrum Disorder | Copayment/coinsurance determined by service received | Copayment/coinsurance determined by service received |
| Behavioral Health and EAP Inpatient treatment • Facility Services • Professional Provider Services Outpatient Professional Provider Visits | \$300 copayment per stay \$0 \$15 copayment | \$400 copayment per stay \$0 \$20 copayment |
| Employee Assistance Program (EAP) 4 visits per issue (per plan year) | \$0 | \$0 |
| Dental Care Preventive Dental Option (diagnostic and preventive services only for lower premium) | \$0 | \$ 0 |
| Comprehensive Dental Option (for higher premium) Dental Plan Year Deductible Plan Year Maximum (Except Orthodontics) • Preventive Dental Care • Primary Dental Care • Major Dental Care | One Person Two People Fam. \$25 \$50 \$75 \$1,500 \$0 20% coinsurance after dental deductible 50% coinsurance after dental deductible | \$25 \$50 \$75 \$1,500 \$0 20% coinsurance after dental deductible 50% coinsurance after dental deductible |
| Orthodontic Services (Includes Adult Ortho) | 50% coinsurance, no dental deductible, with \$1,500 lifetime maximum | 50% coinsurance, no dental deductible, with \$1,500 lifetime maximum |

| Key Advantage 500 | | | Key Advantage 1000 | | High Deductible Health Plan | | | |
|---|--|--|--|---|--|--|---|------------------------|
| In-Network: | | | In-Network: | | | | | |
| One Person | Two People | Family | One Person | Two People See Family | Family | One Person | Two People | Family |
| \$500 | See Family | \$1,000 | \$1,000 | see ranny | \$2,000 | \$3,000 | See Family | \$6,000 |
| Out-of-Network: | 0 5 | фо 000 | Out-of-Network: | 0 5 | #4.000 | | mbined for In-Netwo | rk and |
| \$1,000 | See Family | \$2,000 | \$2,000 | See Family | \$4,000 | Out-of-Network | services. | |
| In-Network: | | | In-Network: | | | In-Network: | | |
| One Person | Two People | Family | One Person | Two People | Family | One Person | Two People | Family |
| \$4,000 | See Family | \$8,000 | \$5,000 | See Family | \$10,000 | \$5,000 | See Family | \$10,000 |
| Out-of-Network: | | | Out-of-Network: | | | Out-of-Network | | |
| \$7,000 | See Family | \$14,000 | \$9,000 | See Family | \$18,000 | \$10,000 | See Family | \$20,000 |
| Yes. Once you meet you pay 30% coinst health services. Cop and behavioral heal coinsurance for rout drugs and dental set | urance for medical payments do not a th services. Copay tine vision, outpatie | and behavioral pply to medical ments and ent prescription | Yes. Once you meet you pay 30% coins health services. Co and behavioral hea coinsurance for rou drugs and dental se | urance for medica payments do not a Ith services. Copay tine vision, outpati | I and behavioral apply to medical ments and ent prescription | you pay 40% co | eet the combined do insurance for medic cription drug service providers. | al, behavioral |
| Included | | | Included | | | Included | | |
| Unlimited | | | Unlimited | | | Unlimited | | |
| In-Network Yo | u Pay | | In-Network Yo | u Pay | | In-Network \ | ou Pay | |
| 20% coinsurance a | fter deductible | | 20% coinsurance a | after deductible | | 20% coinsurance | e after deductible | |
| Copayment/coinsur service received | rance determined b | ру | Copayment/coinsu service received | rance determined | by | 20% coinsuranc | e after deductible | |
| 20% coinsurance a \$0 \$25 copayment | fter deductible | | 20% coinsurance a \$0 \$25 copayment | after deductible | | 20% coinsurance | e after deductible e after deductible e after deductible | |
| ΨΣο σοραγιποπε | | | Ψ20 copaymont | | | 2070 Combardino | o untor ududustion | |
| \$0 | | | \$0 | | | \$0 | | |
| \$0 | | | \$0 | | | \$0 | | |
| One Person | Two People | Family | One Person | Two People | Family | One Person | Two People | Family |
| \$25 \$1,500 \$0 20% coinsurance a 50% coinsurance, r with \$1,500 lifetim | \$50 fter dental deduct fter dental deduct no dental deductibl | \$75 ible ible | \$25 \$1,500 \$0 20% coinsurance a 50% coinsurance a 50% coinsurance, with \$1,500 lifetin | \$50 after dental deduci after dental deduci no dental deductib | \$75 tible tible | \$25 \$1,500 \$0 20% coinsurance 50% coinsurance | \$50 e after dental deduc e after dental deduc e, no dental deductil | \$75 tible tible |

The Local Choice 2023 Comparison of Statewide Plans (continued)

| Covered Services | Key Advantage Expanded In-Network You Pay | Key Advantage 250 In-Network You Pay |
|--|--|--|
| Diabetic Education | \$0 | \$0 |
| Diabetic Equipment | 20% coinsurance after deductible | 20% coinsurance after deductible |
| Diabetic Supplies - See Outpatient Prescription Drugs | | |
| Diagnostic Tests and X-rays (for specific conditions or diseases at a doctor's office, emergency room or outpatient hospital department) | 20% coinsurance, no deductible | 20% coinsurance after deductible |
| Doctor Visits – on an Outpatient Basis Primary Care Physicians Specialty Care Providers | \$15 copayment \$25 copayment | \$20 copayment \$35 copayment |
| Early Intervention Services | Copayment/coinsurance determined by service received | Copayment/coinsurance determined by service received |
| Emergency Room Visits Facility Services Professional Provider Services - Primary Care Physicians - Specialty Care Providers Diagnostic Tests and X-rays | \$250 copayment per visit (waived if admitted to hospital) \$15 copayment \$25 copayment 20% coinsurance, no deductible | \$350 copayment per visit (waived if admitted to hospital) \$20 copayment \$35 copayment 20% coinsurance after deductible |
| Home Health Services (90 visit plan year limit per member) | \$0 | \$0 |
| Home Private Duty Nurse's Services | 20% coinsurance after deductible | 20% coinsurance after deductible |
| Hospice Care Services | \$0 | \$0 |
| Hospital Services Inpatient Treatment • Facility Services • Professional Provider Services • Primary Care Physicians • Specialty Care Providers Outpatient Treatment • Facility Services • Professional Provider Services • Primary Care Physicians • Specialty Care Providers Diagnostic Tests and X-Rays | \$300 copayment per stay \$0 \$0 \$100 copayment \$15 copayment \$25 copayment 20% coinsurance, no deductible | \$400 copayment per stay \$0 \$0 \$150 copayment \$20 copayment \$35 copayment 20% coinsurance after deductible |
| Virtual Care through Sydney Health app | 20% comsurance, no deductible | 20% comsurance after deductible |
| LiveHealth Online Symptom Checker Text Chat or Video Visit with Medical Provider Virtual Wellness/ Preventive Visit | \$0 no cost \$0 \$0 | \$0 no cost \$0 \$0 |





| Key Advantage 500 In-Network You Pay | Key Advantage 1000 In-Network You Pay | High Deductible Health Plar In-Network You Pay |
|--|--|--|
| \$0 | \$0 | 20% coinsurance after deductible |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
| | | |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
| | | |
| \$25 copayment \$40 copayment | \$25 copayment \$40 copayment | 20% coinsurance after deductible 20% coinsurance after deductible |
| Copayment/coinsurance determined by service received | Copayment/coinsurance determined by service received | 20% coinsurance after deductible |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
| \$25 copayment \$40 copayment 20% coinsurance after deductible | \$25 copayment \$40 copayment 20% coinsurance after deductible | 20% coinsurance after deductible 20% coinsurance after deductible 20% coinsurance after deductible |
| \$0 | \$0 | 20% coinsurance after deductible |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
| \$0 | \$0 | 20% coinsurance after deductible |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
| \$0 \$0 | \$0 \$0 | 20% coinsurance after deductible 20% coinsurance after deductible |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
| \$25 copayment \$40 copayment 20% coinsurance after deductible | \$25 copayment \$40 copayment 20% coinsurance after deductible | 20% coinsurance after deductible 20% coinsurance after deductible 20% coinsurance after deductible |
| \$0 no cost \$0 \$0 | \$0 no cost \$0 \$0 | Determined by services received no cost \$39 or 20% coinsurance after deductible \$99 or 20% coinsurance after deductible |





The Local Choice 2023 Comparison of Statewide Plans (continued)

| Covered Services | Key Advantage Expanded In-Network You Pay | Key Advantage 250 In-Network You Pay |
|---|--|--|
| Maternity Professional Provider Services (Prenatal & Postnatal Care) - Primary Care Physicians - Specialty Care Providers | \$15 copayment \$25 copayment If your doctor submits one bill for delivery, prenatal copayment required for physician care. If your docto payment responsibility will be determined by the ser | or bills for these services separately, your |
| Delivery - Primary Care Physicians | \$0 *0 | \$0 *0 |
| - Specialty Care Providers Hospital Services for Delivery (Delivery Room, Anesthesia, Routine Nursing Care for Newborn) | \$0 \$300 copayment per stay* | \$0 \$400 copayment per stay* |
| Outpatient Diagnostic Tests | 20% coinsurance, no deductible | 20% coinsurance after deductible |
| Medical Equipment, Appliances, Formulas, Prosthetics and Supplies | 20% coinsurance after deductible | 20% coinsurance after deductible |
| Outpatient Prescription Drugs - Mandatory Generic Retail up to 34-day supply* *You may purchase up to a 90-day supply at a retail pharmacy by paying multiple copayments, or the coinsurance after the deductible Home Delivery Services (Mail Order) Covered Drugs for up to a 90-Day Supply | Tier 1 - \$10 copayment Tier 2 - \$30 copayment Tier 3 - \$45 copayment Tier 4 - \$55 copayment Tier 1 - \$20 copayment Tier 2 - \$60 copayment Tier 3 - \$90 copayment Tier 4 - \$110 copayment | Tier 1 - \$10 copayment Tier 2 - \$30 copayment Tier 3 - \$45 copayment Tier 4 - \$55 copayment Tier 1 - \$20 copayment Tier 2 - \$60 copayment Tier 3 - \$90 copayment Tier 4 - \$110 copayment |
| Diabetic Supplies | 20% coinsurance, no deductible | 20% coinsurance, no deductible |
| Prescription Insulin Drugs to Treat Diabetes | 34-day supply not to exceed \$50 90-day supply not to exceed \$150 | 34-day supply not to exceed \$50 90-day supply not to exceed \$150 |
| Routine vision - Blue View Vision Network (Once Every Plan Year) Routine Eye Exam Eyeglass Lenses Eyeglass Frames Contact Lenses (In Lieu of Eyeglass Lenses) • Elective • Non-Elective Upgrade Eyeglass Lenses (Available for Additional Cost) • UV Coating, Tints, Standard Scratch-Resistant • Standard Polycarbonate • Standard Progressive • Standard Anti-Reflective • Other Add-Ons | \$25 copayment \$20 copayment Up to \$100 retail allowance** Up to \$100 retail allowance Up to \$250 retail allowance \$15 \$40 \$65 \$45 20% off retail | \$35 copayment \$20 copayment Up to \$100 retail allowance** Up to \$100 retail allowance Up to \$250 retail allowance \$15 \$40 \$65 \$45 20% off retail |
| Shots - Allergy & Therapeutic Injections (At Doctor's Office, Emergency Room or Outpatient Hospital Department) | 20% coinsurance, no deductible | 20% coinsurance after deductible |

^{*}This plan will waive the hospital copayment if the member enrolls in the maternity management pre-natal program within the first 16 weeks of pregnancy, has a dental cleaning during pregnancy and satisfactorily completes the program.

^{**}You may select a frame greater than the covered allowance and receive a 20% discount for any additional cost over the allowance.

| Key Advantage 500 In-Network You Pay | Key Advantage 1000 In-Network You Pay | High Deductible Health Plan In-Network You Pay |
|--|---|---|
| | | |
| \$25 copayment \$40 copayment If your doctor submits one bill for delivery, prei copayment required for physician care. If your payment responsibility will be determined by the | doctor bills for these services separately, your | 20% coinsurance after deductible 20% coinsurance after deductible |
| \$0 | \$0 | 20% coinsurance after deductible |
| \$0 | \$0 | 20% coinsurance after deductible |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
| | | |
| Tier 1 - \$10 copayment Tier 2 - \$30 copayment Tier 3 - \$45 copayment Tier 4 - \$55 copayment | Tier 1 - \$10 copayment Tier 2 - \$30 copayment Tier 3 - \$45 copayment Tier 4 - \$55 copayment | 20% coinsurance after deductible |
| Tier 1 - \$20 copayment Tier 2 - \$60 copayment Tier 3 - \$90 copayment Tier 4 - \$110 copayment | Tier 1 - \$20 copayment Tier 2 - \$60 copayment Tier 3 - \$90 copayment Tier 4 - \$110 copayment | 20% coinsurance after deductible |
| 20% coinsurance, no deductible | 20% coinsurance, no deductible | 20% coinsurance after deductible |
| 34-day supply not to exceed \$50 90-day supply not to exceed \$150 | 34-day supply not to exceed \$50 90-day supply not to exceed \$150 | 34-day supply not to exceed \$50 90-day supply not to exceed \$150 |
| | | |
| \$40 copayment \$20 copayment Up to \$100 retail allowance** | \$40 copayment \$20 copayment Up to \$100 retail allowance** | \$15 copayment \$20 copayment Up to \$100 retail allowance** |
| Up to \$100 retail allowance Up to \$250 retail allowance | Up to \$100 retail allowance Up to \$250 retail allowance | Up to \$100 retail allowance Up to \$250 retail allowance |
| \$15 | \$15 | \$15 |
| \$40 \$65 | \$40 \$65 | \$40 \$65 |
| \$45 | \$45 | \$45 |
| 20% off retail | 20% off retail | 20% off retail |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
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The Local Choice 2023 Comparison of Statewide Plans (continued)

| Covered Services | Key Advantage Expanded In-Network You Pay | Key Advantage 250 In-Network You Pay |
|--|--|--|
| Skilled Nursing Facility Stays (180-Day Per Stay Limit Per Member) Facility Services | \$0 | \$0 |
| Professional Provider Services | \$0 | \$0 \$0 |
| Spinal Manipulations and Other Manual Medical Interventions (30 Visits Per Plan Year Limit Per Member) Primary Care Physicians Specialty Care Providers | \$15 copayment \$25 copayment | \$20 copayment \$35 copayment |
| Surgery - See Hospital Services | | |
| Therapy Services Infusion Services, Cardiac Rehabilitation Therapy, Chemotherapy, Radiation Therapy, Respiratory Therapy, Occupational Therapy, Physical Therapy, and Speech Therapy Facility Services Professional Provider Services - Primary Care Physicians - Specialty Care Providers | 20% coinsurance after deductible 20% coinsurance after deductible 20% coinsurance after deductible | 20% coinsurance after deductible 20% coinsurance after deductible 20% coinsurance after deductible |
| Wellness services Well Child (Office Visits at Specified Intervals Through Age 6) - Primary Care Physicians; - Specialty Care Providers; - Immunizations and Screening Tests | No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible |
| Routine Wellness - Age 7 & Older • Annual Check-Up Visit (One Per Plan Year) - Primary Care Physicians - Specialty Care Providers - Immunizations, Lab and X-Ray Services | No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible |
| Routine Screenings, Immunizations, Lab and X-Ray Services (Outside of Annual Check-Up Visit) | No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible |
| Preventive Care (One of Each Per Plan Year) Gynecological Exam Pap Test Mammography Screening Prostate Exam (Digital Rectal Exam) Prostate Specific Antigen Test Colorectal Cancer Screenings | No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible |
| | | |

| Key Advantage 500 In-Network You Pay | Key Advantage 1000 In-Network You Pay | High Deductible Health Plan In-Network You Pay |
|--|---|--|
| | | |
| \$0 | \$0 | 20% coinsurance after deductible |
| \$0 | \$0 | 20% coinsurance after deductible |
| | | |
| \$25 copayment \$40 copayment | \$25 copayment \$40 copayment | 20% coinsurance after deductible 20% coinsurance after deductible |
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| | | |
| 20% coinsurance after deductible | 20% coinsurance after deductible | 20% coinsurance after deductible |
| 20% coinsurance after deductible 20% coinsurance after deductible | 20% coinsurance after deductible 20% coinsurance after deductible | 20% coinsurance after deductible 20% coinsurance after deductible |
| | | |
| No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible |
| No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible |
| No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible |
| No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible | No copayment, coinsurance, or deductible |
| | | |





Health & Wellness Programs

Be your healthy best! The TLC plans include access to a host of health and wellness programs to help you manage your health issues.

- **ConditionCare:** Take advantage of free and confidential support to manage these conditions:
 - AsthmaCoronary artery disease (CAD)
 - Heart failure Chronic obstructive
 - Diabetes pulmonary disease (COPD)
 - Hypertension

You may receive a call from ConditionCare if your claims indicate you or an enrolled family member may be dealing with one or more of these conditions. While you're encouraged to enroll and take advantage of help from registered nurses and other healthcare professionals, you may also opt out of the program when they call.

- Future Moms: Enroll and receive pre- and post-natal support. Access a nurse coach and other maternity support specially designed to help women have healthy pregnancies and healthy babies.
- MyHealth Advantage: Receive personalized health-related suggestions, tips, and reminders via mail or email to alert you of potential health risks, care gaps or cost-saving opportunities.

- o 24/7 NurseLine & Audio Health Library: Sometimes you need health questions answered right away even in the middle of the night. Call 24/7 NurseLine (800-337-4770) to speak with a nurse. Or use the Audio Health Library if you want to learn about a health topic on your own. Your call is always free and completely confidential.
- o CommonHealth is the employee wellness program for The Local Choice. The main objective of CommonHealth is to promote wellness in the workplace. Yearly programs cover a variety of health and wellness subjects and are presented in a variety of formats - including onsite programs and video presentations that make it easy to participate. Not only are the programs educational and fun, they help you stay fit and healthy. For more information, visit www.commonhealth.virginia.gov/tlc.



See more information on Health & Wellness programs at www.anthem.com/tlc.

Virtual Care Options through Sydney Health

Life is busy. When you need care and are short on time, you have many options for quick and convenient virtual care through the Sydney Health app.

- **No Cost Symptom Checker** Compare your symptoms to our vast database and get quick answers and suggestions.
- Medical Text Chat and Video Visit Use the secure in-app text feature to get answers fast. Launch a video visit with a doctor for an urgent care need or ongoing health issue, get prescriptions, labs, referrals, and a plan of care.
- **Virtual Wellness Visit** Take care of your preventive care needs without stepping foot in a doctor's office.
- **LiveHealth Online services** use your device to set up an appointment with a specialist or see an urgent care provider 24/7.
 - **LiveHealth Online Medical** 24/7 care for common medical conditions like the flu, colds, allergies, pink eye, sinus infections, and more
 - LiveHealth Online Psychology See a therapist or psychologist
 - LiveHealth Online Psychiatry See a psychiatrist for medication management
 - LiveHealth Online EAP Access your free EAP counseling sessions
 - LiveHealth Online Healthy Sleep Access board certified sleep specialists
 - LiveHealth Online Dermatology 24/7 access to a dermatologist for common skin conditions

Employee Assistance Program (EAP)

Your EAP gives you, your covered dependents and members of your household **up to four free confidential counseling sessions per issue** each plan year.

Turn to your EAP for information and resources about:

- o Emotional well-being
- Addiction and recovery
- o Work and career
- o Childcare and parenting
- o Helping aging parents
- Financial issues
 (including free credit monitoring and identity theft recovery)
- o Legal concerns
- o Smoking cessation

We're here for you – in many languages

The law requires us to include a message in all of these different languages. Curious what they say? Here's the English version: "You have the right to get help in your language for free. Just call the Member Services number on your ID card." Visually impaired? You can also ask for other formats of this document.

Spanish

Usted tiene derecho a recibir ayuda en su idioma en forma gratuita. Simplemente llame al número de Servicios para Miembros que figura en su tarjeta de identificación.

Chinese

您有權免費獲得透過您使用的語言提供的幫助。請撥打您的 ID 卡片上的會員服務電話號碼。若您是視障人士,還可 索取本文件的其他格式版本。

Vietnamese

Quý vị có quyền nhận miễn phí trợ giúp bằng ngôn ngữ của mình. Chỉ cần gọi số Dịch vụ dành cho thành viên trên thẻ ID của quý vị. Bị khiếm thị? Quý vị cũng có thể hỏi xin định dạng khác của tài liệu này."

Korean

귀하는 자국어로 무료지원을 받을 권리가 있습니다. ID 카드에 있는 멤버 서비스번호로 연락하십시오.

Tagalog

May karapatan ka na makakuha ng tulong sa iyong wika nang libre. Tawagan lamang ang numero ng Member Services sa iyong ID card. May kapansanan ka ba sa paningin? Maaari ka ring humiling ng iba pang format ng dokumentong ito.

Russian

Вы имеете право на получение бесплатной помощи на вашем языке. Просто позвоните по номеру обслуживания клиентов, указанному на вашей идентификационной карте. Пациенты с нарушением зрения могут заказать документ в другом формате.

Armenian

Դուք իրավունք ունեք ստանալ անվձար օգնություն ձեր լեզվով։ Պարզապես զանգահարեք Անդամների սպասարկման կենտրոն, որի հեռախոսահամարը նշված է ձեր ID քարտի վրա։

Farsi

"شما این حق را دارید تا به صورت رایگان به زبان مادری تان کمک دریافت کنید. کافی است با شماره خدمات اعضا (Member Services) درج شده روی کارت شناسایی خود تماس بگیرید." دچار اختلال بینایی هستید؟ می توانید این سند را به فرمت های دیگری نیز درخواست دهید.

French

Vous pouvez obtenir gratuitement de l'aide dans votre langue. Il vous suffit d'appeler le numéro réservé aux membres qui figure sur votre carte d'identification. Si vous êtes malvoyant, vous pouvez également demander à obtenir ce document sous d'autres formats.

Arabic

لك الحق في الحصول على مساعدة بلغتك مجانًا. ما عليك سوى الاتصال برقم خدمة الأعضاء الموجود على بطاقة الهوية. هل أنت ضعيف البصر؟ يمكنك طلب أشكال أخرى من هذا المستند.

Japanese

お客様の言語で無償サポートを受けることができます。IDカードに記載されているメンバーサービス番号までご連絡ください。

Haitian

Se dwa ou pou w jwenn èd nan lang ou gratis. Annik rele nimewo Sèvis Manm ki sou kat ID ou a. Èske ou gen pwoblèm pou wè? Ou ka mande dokiman sa a nan lòt fòma tou.

Italian

Ricevere assistenza nella tua lingua è un tuo diritto. Chiama il numero dei Servizi per i membri riportato sul tuo tesserino. Sei ipovedente? È possibile richiedere questo documento anche in formati diversi

Polish

Masz prawo do uzyskania darmowej pomocy udzielonej w Twoim języku. Wystarczy zadzwonić na numer działu pomocy znajdujący się na Twojej karcie identyfikacyjnej.

Puniabi

ਆਪਣੀ ਭਾਸ਼ਾ iਵੱਚ ਮੁਫ਼ਤ iਵੱਚ ਮਦਦ ਹਾਂ।ਸਲ ਕਰਨ ਦਾ ਿਅਧਕਾਰ ਹੈ। ਬਸ ਆਪਣy ਆਈਡੀ ਕਾਰਡ ਤੇ iਦੱਤੇ ਸਿਰਵਸ ਨੰਬਰ ਤੇ ਕਾਲ ਕਰੋ। ਨਜ਼ਰ ਕਮਜ਼ੋਰ ਹੈ? ਤਸ ਇਸ ਦਸਤਾਵੇਜ਼ ਦੇ ਹੋਰ ਰਪਾਂਤਰ ਮੰਗ ਸਕਦੇ ਹੋ।

TTY/TTD:711

It's important we treat you fairly

We follow federal civil rights laws in our health programs and activities. By calling Member Services, our members can get free in-language support, and free aids and services if you have a disability. We don't discriminate. exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed in any of these areas, you can mail a complaint to: Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279, or directly to the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201. You can also call 1-800- 368-1019 (TDD: 1-800-537-7697) or visit https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Quick Access to Your Plan

Anthem.com/tlc

Your dedicated website for health benefits documents, no log in needed



Download your health benefits summary and member handbook



Find care



Register for *LiveHealth Online* video doctor visits



Learn about your Employee Assistance Program (EAP)

Anthem.com

Log in to your confidential and secure account



View your claims



Download your ID card



Find care



Refill prescriptions online



Compare costs for hundreds of medical procedures

Sydney Health mobile app











Log in using your anthem.com username and password to:



View your ID card



See all your medical and pharmacy benefits in one place



Use the chatbot to get answers and resources quickly



Connect easily to care



Track your health goals and fitness

thelocalchoice.virginia.gov

This is your resource for forms, Cardinal information and member notifications.



Explore a comprehensive and personalized view of your company's benefit offerings, view and pay your Anthem bill, and get the latest news **through EmployerAccess**.

Getting started

- Identify the main administration contact or Site Administrator for your business. They will register for EmployerAccess and be responsible for adding additional users.
- o Register at employer.anthem.com/eea.
- You will receive an email to complete the registration process.
- Once you're registered, download the EmployerAccess app for benefits management, news and alerts on the go.



Language Access Services - (TTY/TDD: 711)

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